## THEODORE S. WEYMOUTH

#### **VITA**

### PROFESSIONAL BACKGROUND:

1982-Present Volunteer services

1996-2014: **Polk Bros. Foundation, Inc.:** Chief Financial Officer

1992-1998: **Northern Illinois Business Association:** Executive Director, CFO, then

Senior Consultant

1974-1992: Lake Forest Graduate School of Management: Adjunct Professor (from

1974), and Senior Staff (from 1983) - Academic Dean, CFO, and Executive

Director, Northwest Suburban Campus

1973-1981: **Stanwood Industries, Inc.:** Chairman and CEO

1970-1973: Marlennan, Inc. (Parent Company of Marsh & McLennan): CFO

1959-1970: **Arthur Andersen & Co.:** Partner

## **EDUCATIONAL BACKGROUND:**

Dartmouth College, B.A.

University of Chicago Graduate School, M.B.A.

Certified Public Accountant (Illinois)

Wheaton College Graduate School, M.A.

Certified trainer in *Process Communication Management*<sup>TM</sup>, Kahler Communications,

Inc., Little Rock, Arkansas.

# **PROFESSIONAL BOARD AFFILIATIONS:**

Advisory Committee, Cole-Taylor Bank

Lake Forest Graduate School of Management

Golden Corridor Council, Department of Commerce and Community Affairs

("DCCA"), State of Illinois; Chairman - 1988-1989

Talkline/Kids Line, Inc. - Finance Committee Member and Board Consultant

The Volunteer Centre - Board Member and Treasurer

## **VOLUNTEER ACTIVITIES:**

Volunteer Probation Officer - Lake County Court Services, Grayslake, Illinois

Volunteer "liner" - Talkline/Kids Line, Elk Grove Village, Illinois

Examiner-Malcolm Baldrige Quality Award (National Institute of Standards and Technology NIST)

ESL Tutor - Literacy Connection, Elgin, Illinois

SHIP Counselor - Palatine Senior Center, Palatine, Illinois

Domestic violence shelter and agency wide volunteer - WINGS, Palatine, Illinois

Mentor, Take Stock In Children. Fort Lauderdale. Florida

# Theodore S. Weymouth

October 31, 2016

#### **Narrative VITA**

Since 1982, Ted has been active as a volunteer with agencies in Chicagoland and Broward County, Florida, several of which have required initial and on-going skill-based training.

His last "W-2" career was as Chief Financial Officer of Polk Bros. Foundation, Inc., a Chicago based charitable foundation making program grants to 501(c)(3) agencies and organizations for social services, education, healthcare, and the arts/culture.

Previously, Ted was a Senior Consultant, a training professional and Executive Director of Northern Illinois Business Association, a business/management Employers Association offering surveys, networking, information resource and exchange, and professional development/training services.

A Masters graduate of the University of Chicago and Wheaton College, and a CPA, Ted had extensive experience in a variety of settings, including manufacturing, finance, service, education and management consulting. He was a Partner with Arthur Andersen & Co., Chief Financial Officer with Marsh & McLennan and Board Chair/Chief Executive Officer of Stanwood Industries. He also served in several senior academic and administrative capacities at the Lake Forest Graduate School of Management.

Ted was an instructor in training and development programs for over 30 years, and is a certified corporate trainer in *Process Communication Management*<sup>TM</sup>. He was adjunct professor at Lake Forest Graduate School of Management, Lewis University and DeVry Institute of Technology. His work in training and professional development focused on self-directed and outcomes-oriented learning and assessment, and the development of workplace specific professional competencies.

Through Lake Forest Consulting Group, his consulting company, Ted conducted a variety of consulting engagements centering on productivity, workforce communication and transformation. His clientele included Arthur Andersen, Baxter International, Inc., Motorola, Inc., Rockwell International, American Institute of Banking, IMC and Lutheran General Health Systems.

Ted spent his entire professional career in the Chicagoland area with the exception of seven years in Europe (Brussels, Rome and Madrid) with Arthur Andersen. He has recently moved to south Florida to be with three of his children and their families.

## A Labor Day editorial: Is our work the sum of who we are?

By The Daily Herald Editorial Board - September 2, 2013

Most of us lead twin lives of sorts. We move in two interconnected but still largely separate worlds. We build two somewhat separate existences. We create two somewhat separate identities. That is the duality of life for most of us.

There is the life of work.

And there is, well, there is the rest of it: The life of play and bill paying and housekeeping and exploration and parenting and altruism and spirituality, the life of trying to figure out who we are outside of work.

That's not to say there isn't an element of play in work. There is. And an element of exploration. And certainly a declaration of who we are. All of this stuff interconnects. And for some select few, it all comes together and rolls evenly into one, the life of labor and the life outside of labor. But for most of us, there is a separateness that no amount of welding quite puts together.

Have you ever gone to the funeral of a colleague and discovered with some amazement how precious little about that work friend you knew?

Have you ever gone to the wake of a relative and been fascinated to learn of an essential part of him that his office buddies knew?

Two lives. Work and home.

What's the first word that pops into your head when someone asks you to describe who you are? In other words, how do you identify yourself? Do you identify yourself by your profession, your career? Are you a teacher or a bricklayer or an editorial writer? Or are you something else? What's the first word? Are you a husband or a wife? Or a Christian or a Jew? Or an American or an immigrant? A runner or a poet? A woman or a man? Young or old? What's the first word?

We are, each of us in the end, a collection of adjectives, a vast assortment of interests, allegiances and DNA.

But the first word, we suspect, does not slip out by accident. The first word, we suggest, provides the clue to our priorities, the clue to who we really think we are.

On this Labor Day weekend, we celebrate our labors. The country's labor is important. Without it, the world does not progress. And without it, food and a large measure of fulfillment does not get put upon the table. Labor is important. What you do in life matters. It makes a difference.

But while remembering that, remember also that healthy lives are built on balance. So ask yourself two questions on this sweet holiday weekend.

Question one: In describing yourself in paragraph 7 above, what word came to you first?

And a second question: In looking at who you want to be, what is your first priority?

These are fundamental questions for all of us.

Two lives. Two questions. If our answers do not match, we still may have our most important work to do.